Wenatchee School District
Middle School April 2018 Lunch Menu

DELI GRAB-N-GO

AVAILABLE DAILY

A variety of grab-n-go salads sandwiches & Wraps offered on a rotating basis.
Choices include: Chicken Caesar Wrap, Turkey BLT Wrap, Spicy Chicken Wrap, Assorted sandwiches & Hoagies, Chicken Caesar Salad, Chef, Italian Salad, and Spicy Crispy Chicken Salad, Energy, Chipotle Chicken, Breakfast, Pizza, Teriyaki & Meatball
****Not all Options will be available every day but will rotate regularly**

BURGERS

Mondays, Wednesdays, & Fridays
Cheeseburger, Chicken Burger

PIZZA

Tuesdays and Thursdays
Cheese, Pepperoni & Special of the Day

Fresh Fruit & Vegetable Bar:

Every reimbursable meal comes with an unlimited trip through the offering bar where students can choose all the fruits & vegetables daily. Choices may include salad mix, spinach, apples, carrots, peaches, oranges, corn, bean salad, peas, pears, apricots, broccoli and more!

Milk

Fat Free, 1% white milk & Fat Free Chocolate & Strawberry are offered with every meal

Daily Specials	Monday	Tuesday	Wednesday	Thursday	Friday
	April 2 **NO SCHOOL**	April 3 **NO SCHOOL**	April 4 **NO SCHOOL**	April 5 **NO SCHOOL**	April 6 **NO SCHOOL**
	April 9 Chicken Pozole w/Cabbage Salsa and Chips	April 10 Made-to-Order Pasta Bowl w/ Garlic Breadstick	April 11 Made-to-Order Asian Bar	April 12 *Breakfast-4-Lunch* *Waffles* *Topped w/* *Strawberries* *Bacon* *Eggs*	April 13 **Fast-Take FRY-Day**
	April 16 Popcorn Chicken Mashed Potato Bowl w/WG Roll	April 17 Made-To-Order Caesar Salad w/Cheesy Breadstick	April 18 Made-to-Order Fiesta Bar	April 19 Choice of Grilled Cheese (Jalapeno Popper, or Regular) & Tomato Soup	April 20 **Fast-Take FRY-Day**
	April 23 Made-to-Order Cuban Pork Bowl w/Rice	April 24 Made-to-Order Pasta Bowl w/ Garlic Breadstick	April 25 Made-to-Order Asian Bar	April 26 *Breakfast-4-Lunch* *Cinnamon French Toast topped w/* *Strawberries* *Sausage* *Eggs*	April 27 **Fast-Take FRY-Day**
	April 30 ½ Club Sandwich w/Sun Chips				

What is a Reimbursable Meal?
A meal must include 3 of the 5 following choices: meat or meat alternative, grain, fruit, vegetable and milk.
Students may decline 2 food choices but must take ½ cup of fruit and/or vegetables with their meal.
Menu is subject to change without notice.

This institution is an equal opportunity provider and employer.