



Wenatchee School District Employee Assistance Program

Shipowick-Smith Counseling LLC

Behavioral Health, Therapy and Counseling for Individuals, Couples, Teens and Families- Alcohol and Addiction Assessment and Therapy

- 2 free visit for employees and family members living in the household
- Completely Confidential
- Local/In-Person Counselors
- Can continue seeing SSC counselor after EAP benefit is exhausted

Every therapy and counseling session is unique and caters to each individual and their specific goals. Therapy can be short-term, focusing on specific issues, or long term, addressing more complex issues or ongoing personal growth. Here are things you can expect out of therapy:

- Compassion, respect and understanding
- Perspectives to illuminate persistent patterns and negative feelings
- Real strategies for enacting positive change
- Effective and proven techniques along with practical guidance

Schedule an [appointment online](#) or call 509-667-0679