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# Student-Athlete Handbook

WHS Athletic  
Department  
Phone # 663-3384

# Athletic Handbook

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# Wenatchee School District Athletic Code

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## Mission

**THE MISSION OF THE WENATCHEE HIGH SCHOOL ATHLETIC PROGRAM IS:**

**“TO CONTRIBUTE TO THE DEVELOPMENT OF ATHLETES AND RESPONSIBLE CITIZENS BY BUILDING MIND, BODY AND CHARACTER IN A SAFE, COMPETITIVE ENVIRONMENT.”**

## Philosophy

The rules and regulations of the Washington Interscholastic Activities Association (WIAA), the Wenatchee School District, and rules specific to each sport shall govern students in grades 6-12 who participate in athletics of the Wenatchee School District.

Participation in the athletic programs offered by the Wenatchee School District is completely voluntary. Involvement requires commitment to academic excellence, citizenship, as well as teammates, school and community.

The Wenatchee School District believes that Athletics is a privilege, not a right. The standards within this document pertain to academic requirements, citizenship, sportsmanship and personal conduct. Enjoyment of these privileges is predicated on the student-athlete’s willingness to uphold the following rules of conduct.

## Activities Covered Timeline

Athletics / Dance and Drill / Cheer

Each student participating in the above-stated activities must sign this code prior to his/her first involvement as a 6-8<sup>th</sup> grader and again as a 9-12<sup>th</sup> grader. Once signed, this document is in effect from the first day of fall practice until the last day of school each year. In addition, the student athlete is on code for summer camps and trips under the direction of the school coach.

Violations are cumulative for each grade group as listed above.

## Student Eligibility Criteria (18.1.0 WIAA Handbook)

All contestants must be eligible under the rules of the WIAA to participate in an interscholastic contest.

## Age Limits (18.4.0 WIAA Handbook)

-Students shall be under 20 years of age on September 1 for the fall sports season; on December 1 for the winter sports season; and on March 1 for the spring sports season. (High School)

-Students shall not have reached their 15<sup>th</sup> birthday prior to June 1 of the previous school year. (Middle School)

## Student Member of a School

(18.5.0 WIAA Handbook)  
18.5.2 Private / Alternative School  
18.5.4 Home Based Instruction

Students must be regular members of the school they represent in order to participate in an interscholastic athletic activity. Students are “regular members” of a school if they are enrolled half time or more, exclusive of interscholastic athletic activities.

## Scholarship (18.6.0 WIAA Handbook)

In order to maintain athletic eligibility during the current semester/trimester, the student shall maintain passing grades in a minimum of:

- 3 classes in a 4 period class schedule
- 3 classes in a 5 period class schedule
- 4 classes in a 6 period class schedule
- 5 classes in a 7 period class schedule
- 5 classes in an 8 period class schedule

### RUNNING START COURSES EQUIVALENT

Two-5 credit quarter courses=2 high school credits  
Two-3 credit semester courses=2 high school credits

Any class taken as part of the student’s regular schedule during the semester/trimester shall be considered to be a full-time subject.

Schools shall establish a grade monitoring system to ascertain the student’s passing status in the minimum required classes. (See WSD rules)

Incompletes may be made up for credit during the first 5 weeks of the subsequent semester/trimester. The student shall be ineligible for competition until the incompletes are cleared.

Middle School students must be passing **all** classes in order to be eligible for participation on a middle school traveling team.

**Academic Probationary Period** (18.6.5 WIAA Handbook)  
See Page 12 for Wenatchee School District expectations.

A student who has been in regular attendance at least fifteen weeks of the previous semester (10 weeks of the previous trimester), but who failed to make the grade requirements, shall be placed on probation as set forth below. The student shall be ineligible during the probationary period. If, at the end of the probation period, the student is passing in the minimum number of classes required before, the student may then be reinstated for interscholastic competition.

- A. The probation period for high school students shall be during the first 5 weeks of the succeeding semester/trimester.
- B. The probation period for middle school students shall be during the first 3 weeks of the succeeding semester/trimester.
- C. Each student is eligible for reinstatement on Monday of the week following the end of the probation period. In the event of a school holiday, three or more teaching days shall constitute a week.

**Previous Semester** (18.7.0 WIAA Handbook)

The student shall have been in regular attendance as a full time student in an elementary, middle school or high school during the semester/trimester immediately preceding the semester/trimester in which the contest is held.

**Regular Attendance** (18.8.0 WIAA Handbook)

The student shall be enrolled and in regular attendance within the first 15 school days in a semester or 10 in a trimester at the start of the current semester/trimester in order to participate in interscholastic contests during the current semester/trimester.

- A. A student must be in attendance 15 weeks during an 18 week semester (10 of 12 for trimester)
- B. A ratio greater than 1 unexcused absence to 6 attendances constitutes irregular attendance.

## Residence

(18.9.0 WIAA Handbook)

Shall be defined as the place where the family unit has established its home and/or the place where the student is habitually present and to which, when departing, the student intends to return.

## Family Unit

(18.9.0 WIAA Handbook)

Shall be defined as the adult(s) who has/have had legal custody of the student for a period of at least 1 year and with whom the student resides.

- A. In order to be eligible to participate and/or represent a member school in an interscholastic contest, the student of that school must be residing within the boundaries of that school district and designated attendance area of the school and shall have attended a school of that school district continuously for a period of one year while residing with the family unit.
- B. A student who cannot meet the Residence Rule requirements would be eligible for all interscholastic competition below the varsity level.

## Transferring Students

(18.10.0 WIAA Handbook)

After registering with and/or attending a middle level or high school, students changing enrollment to/from one school district to another shall be considered transferring students. In order to be eligible for varsity competition, transferring students must meet the normal residence requirements and the transferring student requirements or be granted a waiver.

## Physical Examination

(18.13.0 WIAA Handbook)

Prior to the first practice for participation in interscholastic athletics, a student shall undergo a thorough medical examination and be approved for competition by a medical authority licensed to perform a physical examination.

- A. To resume participation following an illness and/or injury serious enough to require medical care, a participating student must present to the school officials a physician's written release.

## Physical Examination Continued...

- B. The physical examination shall be valid for 13 consecutive months.
- C. For each subsequent thirteen-month period the student shall furnish a physical examination form signed by a medical authority that provides clearance for continued athletic participation.

## Season Limitations (18.14.0 WIAA Handbook)

After entering or being eligible to enter the seventh grade students shall have 6 years of interscholastic eligibility.

After entering or being eligible to enter the 9<sup>th</sup> grade, a student shall have 4 consecutive years of interscholastic eligibility.

## Concurrent Sports (18.17.0 WIAA Handbook)

A student shall not compete concurrently in more than one interscholastic sport per season.

## Amateur standing (18.19.0 WIAA Handbook)

A student who represents a school in an interscholastic sport must be an amateur in that sport. An amateur student-athlete is one who engages in athletics for the physical, mental, social and educational benefits derived there from, and to whom athletics is an avocation and not a source of financial reward.

## Use of Legend Drugs and Controlled Substances

(18.22.2 WIAA Handbook)

Penalties for the illegal possession, use or sale of legend drugs (drugs obtained through prescription, RCW 69.41.020-050) and controlled substances (RCW 69.50) shall be as follows:

1<sup>st</sup> Violation: A participant shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season. Ineligibility shall continue until the next sports season in which the participant wishes to participate. In order to be eligible to participate in the next interscholastic sports season, the student athlete shall meet with the school eligibility board to request approval to participate.

A participant who seeks and receives help for a problem with use of legend drugs or controlled substances and controlled substance analogs shall be given the opportunity for assistance through the school and/or community agencies. In no instance shall participation in an approved assistance program excuse a student athlete from subsequent compliance with this regulation. However, successful utilization of such an opportunity or compliance with athletic code by the student athlete may allow him/her to have eligibility re-instated in the athletic program, pending recommendation by the school eligibility authority.

2<sup>nd</sup> Violation: A participant who again violates shall be ineligible for interscholastic competition for a period of 1 calendar year from the date of the second violation.

3<sup>rd</sup> Violation: A participant who violates for a third time shall be permanently ineligible for interscholastic competition.

In addition to the above stated penalties, the student-athlete will

- A. Practice and remain in good standing.
- B. Complete and comply with the expectations of the WSD intervention program.
- C. Forfeit all awards and letters.



## Ejection from Contest

(18.24.0 WIAA Handbook)

Conduct resulting in ejection or disqualification from an interscholastic contest administered by game officials, coaches or school administrators shall result in the following:

For the remainder of the contest in which the ejection occurred:

- A. When a student is ejected, the coach continues to be responsible for the student. The student shall remain with the team.

For the remainder of the season in which the ejection occurred:

- A. The first ejection of the season shall result in the ejected person being ineligible until after the next school contest in that sport at the same level of competition from which the person was ejected.
  - i. Any student ejected may not appear in the school uniform, or sit on the team bench during the suspension period.

Should a participant be unable to complete a suspension during the sports season in which the ejection occurs, the suspension shall be carried over into the participant's succeeding season of participation.

The second ejection in the same sport and season shall result in ineligibility for the remainder of the season of that sport.

## WIAA Handbook Information

For the sake of space, many items of the WIAA Handbook have been left out of this athletic document. The WIAA Handbook is incorporated herein by reference.

For specific information, please contact the Athletic Director to access the WIAA Handbook. Or, see the WIAA Handbook on the web at [www.wiaa.com](http://www.wiaa.com)

The consumption, possession, or transmittal of alcoholic beverages or tobacco products in any form by a student-athlete is illegal and is prohibited.

A student-athlete shall not knowingly be in the presence of alcoholic beverages, tobacco products or illegal substances in any form that are being introduced or used unlawfully.

It is the responsibility of the student-athlete to remove him/herself from the presence of these illegal activities as soon as reasonably possible after he/she becomes aware these activities are taking place.

## Self-Referral

**Please see Appendix A for specific details:**

**Please see Appendix C for WSD Intervention:**

### 1st penalty for violation

- A. Suspension from 30% of the current or next sport season. For year long activities, suspension will be for 20 days of participation. If no contest falls within the 20 days, the suspension will include the next contest. If less than 30% (20 days for year round activities) remains, the suspension carries over to the next sport selected by the student-athlete.
- B. Practice and remain in good standing for the completion of the season.
- C. Complete and comply with the expectations of the WSD intervention program.
- D. Forfeit awards and letters for the season.

### 2nd penalty for violation

- A. Suspension for 100% of a season or 70 days for yearlong activities.
- B. Practice and remain in good standing for the completion of the seasons.
- C. Complete and comply with the expectations of the WSD intervention program.
- D. Forfeit awards and letters for the season.

### 3rd penalty for violation

- A. Suspension for 1 calendar year from the date of disciplinary action.
- B. Complete and comply with the expectations of the WSD intervention program.
- C. Forfeit awards and letters for the season.

### 4th penalty for violation

- A. Suspension for remainder of career.

Student-athletes are encouraged to report their athletic code violations to the athletic director, coach or administrator. Self-referral must happen within the first school day after the violation and prior to discovery by district personnel. If the timeline is met, the athletic director may have the option to reduce the penalty up to 50%.

This option is not available for violations that involve the legal authorities.

## General Conduct Expectations

School Board Policy 3240 states:

The board acknowledges that conduct and behavior is closely associated to learning. The board requires that each student adhere to the rules of conduct and submit to corrective action taken as a result of conduct violations. The rules of conduct are applicable during the school day as well as during any school activity conducted on or off campus.

Students are expected to:

- A. Conform to reasonable standards of socially acceptable behavior;
- B. Respect the rights, person and property of others;
- C. Preserve the degree of order necessary for a positive climate
- D. Submit to the authority of staff and respond accordingly.

## Range of Sanctions

Student-athletes are expected to behave in a manner consistent with expectations outlined in the Student Handbook.

If a student-athlete is facing school discipline, they will be ineligible from practice and/or competition until after they have completed their school discipline. All detentions must be completed and/or scheduled for daily detention until completed to remain eligible to participate.

In addition, if a student-athlete behaves inappropriately while involved in an extracurricular activity, the range of sanctions chart will be used for discipline. **See Appendix B**

The range of sanctions is progressive and repeated offenses in any category or combination of categories will result in more severe sanctions.

**See Appendix B for the range of sanctions.**

## Travel

A student-athlete is expected to travel to and from all contests with the group when transportation is provided for this purpose. Any exception must be cleared through the athletic office 24 hours in advance by:

- A. Filling out the permission to leave group form.
- B. Obtain signature of parent, coach and administrator.
- C. Return form to athletic office 24 hours in advance of the trip.

A student-athlete is expected to remain with the team at all times while traveling. Any exception of this rule must be cleared with the coach.

## School and Travel

As a student-athlete in the Wenatchee School District, you will face a great deal of travel. All school absenteeism should be treated as a pre-arranged absence. Therefore, student-athletes are expected to complete schoolwork prior to the scheduled absence. Failure to comply may result in athletic discipline.

## Equipment

School owned equipment checked out by a participant in any activity is his/her responsibility. The loss or misuse of this equipment will be the financial obligation of the participant. Participants will not be allowed to continue competition or receive awards until this obligation is fulfilled.

# Attendance Expectations

*Revised  
2002-2003*

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## Athletic Attendance

A student-athlete is expected to attend all scheduled practices, contests and meetings. Failure to participate in any of the above may result in discipline.

- A. An excused absence should be pre-arranged with the supervising coach. The student-athlete may forfeit his/her opportunity to start the next contest.
- B. An unexcused absence is any absence not pre arranged with the supervising coach. In such a circumstance, the student-athlete will forfeit his/her opportunity to compete in the next contest.

In situations where there are multiple school sponsored events scheduled at the same time, contests should have priority over practices. If the unfortunate situation arises in which two contests are scheduled at the same time, the student-athlete and his/her parents need to communicate in a timely manner with both supervisors to come to a reasonable solution. Choosing one event over another cannot impact a student's grade.

## Academic Attendance

Student-athletes are expected to be in school all day unless pre-arranged/excused with the attendance office.

Any unexcused absence from school will result in suspension from participation the day of absence or upon knowledge of absence.

If a student-athlete is excused from school for more than 3 class periods he/she will not be allowed to participate that day. Exceptions to the rule are made for school related field trips and absences.

Any exceptions to the above rules must be cleared with an administrator.

# Academic Expectations

Adopted  
2005-2006

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## Academic Standards

**NEW ACADEMIC STANDARDS.** Athletes will have their grades monitored year round in hopes to encourage academic excellence above athletic success. The following grade expectations will be in effect for all school posted grading times and/or when a teacher notifies a coach or athletic director in writing about the academics of an athlete. The following expectations are based on a 6 period day. The WIAA Handbook will be used as a reference for students who are taking less than a 6 period day.

**A's, B's and/or C's - Academically eligible**

**D's - Academically at risk:** Must meet with athletic administrator and/or coach to achieve academic eligibility.

**1 F and/or below a 2.0 - Academically at risk:** Must meet with athletic administrator and have a current GPA above a 2.0 to be academically eligible. Will be required to do a weekly grade check to maintain eligibility.

**2 F's - Academic Probation:** Ineligible for the first two weeks of the succeeding semester. Must meet with the athletic administrator and will be required to do a weekly grade check to maintain eligibility.

**3 F's - WIAA Academic Probation:** Ineligible for the first 5 weeks of the succeeding semester. Must meet with the athletic administrator and will be required to do a weekly grade check to maintain eligibility.

# Appeals Process

Revised  
2002- 2003

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## Athletic Discipline

This appeals process is for the process of handling punishments instituted by the athletic department. The student-athlete shall not be allowed to compete while in the process of appeal.

### Step 1:

A request by the student-athlete for a hearing shall be made in writing (with the extenuating circumstances explained) within three days to the Athletic Director. Within 3 business days a hearing will be held and a decision will be communicated in writing to the student and parent/guardian.

### Step 2-3-4:

If the student-athlete and/or parent/guardian is not satisfied with the Athletic Directors decision, a written request for a hearing shall be made within 3 business days by the parent/guardian to the person(s) listed below. Within 3 business days of receipt of the written request, a hearing will be held and a decision will be communicated in writing to the student and parent/guardian.

- Step 2: Building Principal
- Step 3: Superintendent
- Step 4: School Board

## Athletic Review Board

When needed, the Athletic Review Board will consist of:

- A. Building Administrator
- B. Head Coach not in season
- C. Athletic Director

# Appendix A

For the purpose of calculating violations, a season will be defined as: from the first allowable "turnout" date to the end of the regular season. The WIAA Handbook has defined the regular season contest limit, which is listed below. In the case when a team does not have the number of contests listed below, the violation will be adjusted for the scheduled games. Post season is the time when the team/individual continues beyond their final regular season contest and continues until the team has completed its post-season appearance. The school will recognize student's participation in post-season play toward suspension when possible. When calculating suspension time the school will "round up" to the next # and 5%.

Loss of any percentage of a sport season will begin immediately upon verification of the violation. Suspension will continue during the current season and if the penalty is not completed during that season, it will carry over into post season (if qualified) or the next sport selected by the student-athlete.

**Example:** If a high school basketball athlete is suspended for 30% of the season (First Violation – non self refer) and 7 games remain, the % owed will carry over to the next sport selected by the student-athlete. The team did not qualify for post season. See the following calculation:

Sport of Violation	% suspended	Season Games Available	Suspendable Games	Regular Season Games Remaining	% of suspension served during season	# of post season games / or % owed next season
HS Basketball	.30 x	20	= 6	4	20%	2 game / 10%

*If the basketball player had self-referred him/herself, they would have been suspended for 15% of the season:*

HS Basketball	.15 x	20	= 3	4	Suspension completed with 1 game remaining	
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Sports/Activities	ALLOWABLE Regular Season # of Contests WHS/ Middle School	Potential contests missed for 1 <sup>st</sup> Violations: 30%(non self refer) 15% (self refer) HS/MS HS/MS	
		HS/MS	HS/MS
Baseball	20	6	3
Basketball	20 / 10	6 / 3	3 / 2
Bowling	18	6	3
Cross Country	12 / 7	4 / 2	2 / 1
Football	10 / 6	3 / 2	2 / 1
Golf	12	4	2
Soccer	16 / 8	5 /	3 /
Softball	20 / 10	6 / 3	3 / 2
Swimming	12 / 3	4 / 1	2 / 1
Tennis	16 / 10	5 / 3	3 / 2
Track	10 / 7	3 /	2 /
Volleyball	16 / 10	5 / 4	3 / 2
Wrestling	16 / 10	5 / 4	3 / 2



# Appendix B – Range of Sanctions

The Wenatchee School District Range of Sanctions Chart will be used for handling general conduct violations for the Wenatchee Athletic Department. This range of sanctions is progressive and repeated offenses in any one category or combination of categories will result in more severe sanctions.

**Athletic Discipline:** Period of time in which a student-athlete may be given an opportunity to correct deficiencies.

- a. Students will be disciplined a minimum of 1 hour, maximum of 5 days.
- b. Must continue to practice and remain in good standing, but will not be permitted to compete in contests.

**Athletic Short Term Suspension:** Shall include exclusion from all athletic participation during the time of suspension.

- a. 1 – 10 school days.
- b. May not participate in any way with the team.

**Athletic Long Term Suspension:** Shall include exclusion from all athletic participation during the time of suspension.

- a. Minimum of 11 school days. Will not exceed one sport season.
- b. May not participate in any way with the team.

**Athletic Expulsion:** Exclusion from athletic participation for the remainder of the current school year.

## Condensed Range of Sanctions Chart - Wenatchee School District

Please See WSD Range of Sanctions Chart for Detailed Information

Offense	Athletic Discipline	Short Term	Long Term	Expulsion
Defiance of School Authority, Disruptive Behavior, Inappropriate Display of Affection, Inappropriate Dress, Transportation Sanctions, Use of Profanity, Malicious Mischief, Off Campus (Away from Team) without Permission, Reckless Driving/Parking	WHS Middle School	WHS Middle School	WHS Middle School	WHS Middle School
Assaults on Students (see WSD Chart), *Cheating, Criminal Acts as defined by law, Extortion, Intimidation, Blackmail, Coercion, Fighting, Forgery, Harassment, Bullying, Gang Intimidation, Gang Involvement, Lewd Conduct, Indecent Exposure, Possession of Stolen Property, Theft, *Trespassing, Profanity directed at School authority, Gambling, Illegal Fire Alarm Pull, Violation of Performance Contract		WHS Middle School	WHS Middle School	WHS Middle School
Arson, Burglary, Threats to Bomb or Injure Property			WHS Middle School	WHS Middle School
Assault, Harassment, Threats or abuse of district personnel, Grievous Assaults on students, Weapons and Explosives				WHS Middle School

\*Middle School Students with a Cheating or Trespassing offense begin with Athletic Discipline.