

235 Sunset Avenue
Wenatchee, WA 98801
p: (509) 663-8161 f: (509) 663-3082
wenatcheeschools.org

Sexual Health Education Program

6th Grade	
Instructional Topics	 Sexual Health HIV/STD Prevention Anatomy, Reproduction, and Pregnancy Puberty and Development Prevention Healthy Relationship
Instructional Standards	Sexual Health Standards Taught
	 HIV/STD Prevention HIV and identify age appropriate methods of transmission, as well as ways to prevent transmission. SH.5.CC.1
	Anatomy, Reproduction, and Pregnancy ■ Identify parts of the reproductive systems. H1.Se1.6
	Describe reproductive systems including body parts and functions. H1.Se1.7a
	Puberty and Development • Identify physical, social, mental, and emotional changes that occur during puberty. H1.Se2.6
	 Prevention Define abstinence and explain why it is the most effective method to prevent pregnancy and sexually transmitted infections (STDs), including HIV. H1.Se4.6a Explain how STDs are transmitted and prevented. H1.Se4.6b Identify examples of protective factors and risk behaviors. H1.Se4.6c
	 Healthy Relationships Explain importance of talking with a family member and other trusted adults about relationships. H3.Se5.6
	*Recognize that everyone has the right to set boundaries based on personal values. H1.Se5.6b

Instructional Delivery	Sexual Health Education • 4 lessons • Taught by: Health teacher or science teacher

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