



Sexual Health Education Program

8th Grade	
Instructional Topics	<p>Sexual Health</p> <ul style="list-style-type: none"> ● HIV/STD Prevention ● Anatomy, Reproduction, and Pregnancy ● Puberty and Development ● Prevention ● Healthy Relationship
Instructional Standards	<p>Sexual Health Standards Taught</p> <p>HIV/STD Prevention</p> <ul style="list-style-type: none"> ● Define STDs, including HIV, and how they are and are not transmitted. SH.8.CC.1 ● Describe methods to prevent the transmission of STDs/HIV, including abstinence. H1.SE 4.7b <p>Anatomy, Reproduction, and Pregnancy</p> <ul style="list-style-type: none"> ● Summarize reproductive systems and their functions, including the path of an egg during ovulation and the path of sperm during ejaculation. H1.Se1.8a ● Identify physical, emotional, and social effects of sexual activity. H1.Se1.8b <p>Puberty and Development</p> <ul style="list-style-type: none"> ● Describe the physical, social, mental, and emotional changes that occur during adolescence. H1.Se2.8 <p>Prevention</p> <ul style="list-style-type: none"> ● Summarize ways to prevent pregnancy and STDs. H1.Se4.8a ● List steps to using a condom correctly. H7.Se4.8 ● Identify medically accurate resources about contraceptive methods, STDs/HIV, and pregnancy. H3.Se4.8 ● Summarize signs, symptoms, potential impact, and treatment of STDs. H1.Se4.8b ● Describe personal role in protecting one’s own sexual and reproductive health. H7.Se4.8 <p>Healthy Relationships</p> <ul style="list-style-type: none"> ● Explain how bystanders can help prevent, reduce, and avoid violence. H1.Sa3.8b ● Describe personal role in protecting one’s own sexual and reproductive health. H7.Se4.8

Instructional Delivery	Sexual Health Education <ul style="list-style-type: none">• 6 lessons• Taught by: Health teacher or science teacher
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