



I recently read an article penned by a good friend of mine, Brent Osborn, Principal of Lakeside High School, regarding parent perspective on high school athletics. He and I share a lot of similar experiences as an educator, parent, and coach, and, having been witness to many positive and not-so-positive interactions between parents and coaches, I enjoyed reading his “reality check” on the parent/coach relationship. We, as parents, often get caught up in the moment and it is a good reminder to take a step back and be thankful for the experiences and learning opportunities our students receive and time and care our coaches provide. I hope you enjoy the read!

The Parent, The Kid, The Coach – Perspective

I would imagine that if you have kids in sports, your fall season is likely your busiest. If you’re like me with 6 kids it’s insane! With each child and with each sport I find myself creating expectations for my sons and daughters, the team, and the coaching. I find myself expecting wins or losses, playing time at certain positions, and results. With this type of fandom or helicopter parenting I am also likely creating stress and anxiety for my athletes....I mean children.

So, it is time for a reality check or just a hard reset. In our home we encourage sports as we believe it teaches valuable life skills: hard work, team, determination, grit, problem solving, etc. While I have never been a parent that seeks out the best team to get my kids on, I have found myself with some very successful children when it comes to athletics. Through this experience I started to expect certain things from them and their teams, and when that doesn’t happen I have been frustrated. Frustrated with a performance or effort or coaching. Recently, I felt like I should email the coach. But I didn’t and I am glad I didn’t. If you look back at what I stated are the reasons we support athletics in our home, on it you will not find winning, certain positions, plays, or types of practice philosophy.

Right now I have my three youngest playing soccer and two of them starting up basketball, all have parent volunteer coaches who have given up countless hours of their life, time from their family, to help my children grow. Who am I to question the manner in which they do that unless my child is unsafe. My children are safe and cared for, so a simple thank you is what is appropriate. My older three are in school programs with paid coaches. So....now the expectations change! NO NO NO! In my former life (teaching for 10 years) I coached football and track, these coaches are getting paid nickels on the hour. The time that they will put into these programs will pale in comparison to the check they will receive. Again, a simple thank you will suffice.

While I am not saying there is never a time where you should talk to a coach about your children, I am saying when you do so remember that they are giving their time. They have sacrificed their time with family to be with yours, and that deserves respect. We all think we can do it better, reality check we likely can’t.

Point #1 – hit the reset on your child’s athletics; they are not the next Cam Newton. Just support them and encourage hard work and growth.

Point #2 – Respect the time that your coach is giving to your children, what a tremendous gift.



Eric Anderson
WHS Principal

We ARE Wenatchee Panthers!

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Fall Conferences will be held on November 1st and 2nd. This is a great opportunity for parents to meet with their student's teachers to discuss individual progress and mutual concerns. Conferences will be "arena style" to allow families to attend at their convenience.

Conference days are no school for students.

Fall Conference Schedule

~ November 1 & November 2 ~

Wednesday, November 1st - 2:30 p.m. - 8:00 p.m.

- 5:00 - 5:30 Dinner Break (Math, Social Studies, Special Ed, Int Lang, Art, Business)
- 5:30 - 6:00 Dinner Break (English, Science, Fitness/Health, CTE, Music, FASCE)

Homework Center will be OPEN during Conferences from 2:30-7!

Thursday, November 2nd - 11:00 a.m. - 7:30 p.m.

- 5:00 - 5:30 Dinner Break (English, Science, Fitness/Health, CTE, Music, FASCE)
- 5:30 - 6:00 Dinner Break (Math, Social Studies, Special Ed, Int Lang, Art, Business)

Homework Center will be OPEN during Conferences from 11:00-4!

Friday, November 3rd - No Conferences



Parents, would you like to be more connected to information from the counseling department? If so, join your student's Counseling Remind Group. All you have to do is text the following information to join and you'll receive the same text reminders that your students do:

2018 - @7ekdg

2019 - @939h6

2020 - @b9a7e

2021 - @7c4h2

New Students (all grades) - @whsnewstu

Running Start Students (all) - @7c3f8



Homework Center will be OPEN during Conferences!

Have your grades started to slip?

Are classes harder than you originally thought?

Are you spending lots of time on homework, but still having trouble?

When at home do you get easily distracted from homework?

Then Come to the Homework Center, we can help

Quiet environment

Tutors with diverse backgrounds

Not many distractions

Homework Center Open Monday - Thursday 3-5pm

For More Info Contact: Christopher Hockett

hockett.c@wenatcheeschools.org

LET'S TALK ASSESSMENTS!

State Testing for Graduation

Seniors and Juniors who have not attempted or passed the Smarter Balance Math and / or ELA for graduation, will have an opportunity to take the test beginning on Tuesday November 7th and completing no later than Thursday November 9th. Testing will take place in the LGI beginning at 8:15 a.m.. More info to come to students needing to test.

Please see School Assessment Coordinator, Cindy Murie in the main office or at ext 707 with any questions.

ACT Test Dates (2017-2018)



ACT Test Date	ACT Registration Deadline	ACT Scores Available
October 28, 2017	Sept. 22, 2017	Nov. 7, 2017*
December 9, 2017	Nov. 3, 2017	Dec. 19, 2017*
February 10, 2018	Jan. 12, 2018	Feb. 20, 2018*
April 14, 2018	Mar. 9, 2018	Apr. 24, 2018*
June 9, 2018	May 4, 2018	Jun. 19, 2018*
July 14, 2018	Jun. 15, 2018	Jul. 24, 2018*

SAT Test Dates (2017-2018)

SAT Test Date	SAT Registration Deadline	SAT Scores Available
November 4, 2017	Oct. 5, 2017	Dec. 7, 2017*
December 2, 2017	Nov. 2, 2017	Jan. 10, 2018*
March 10, 2018	Feb. 9, 2018	Apr. 12, 2018*
May 5, 2018	Apr. 6, 2018	Jun. 7, 2018*
June 2, 2018	May 3, 2018	Jul. 11, 2018*
*estimated		

Information updated 10/17/17



From the Panther Library

WHY SHOULD MY STUDENT USE DATABASES INSTEAD OF “JUST GOOGLING IT”?

WHAT IS A DATABASE?

A collection of information that is ORGANIZED so that it can be easily managed, and updated by a computer program. It is keyword searchable and indexed in order to make it easier to find

HERE IS A LIST OF THE WHS LIBRARY DATABASES LOCATED ON THE LIBRARY WEBSITE <https://sites.google.com/a/wenatcheeschools.org/whslibrary/databases>

PROQUEST, ELIBRARY, SIRS DISCOVERER, CULTURE GRAMS, PROQUEST LEARNING: LITERATURE, LEARN 360, POINTS OF VIEW, AND LITFINDER FOR SCHOOLS.

THESE DATABASES ARE FREE FOR YOUR STUDENT AND YOU TO USE!! FOR USERNAME AND PASSWORD ACCESS INFORMATION, CONTACT THE WHS LIBRARY AT whslibrary@wenatcheeschools.org or 663-8117.

NORTH CENTRAL WASHINGTON

COLLEGE & CAREER EXPO

DREAM BIG AND REACH FOR THE SKY.

Explore career possibilities with over 120 employers, educational institutions, training programs and financial support services at the largest expo in the region. Tour the WVC campus and pick up valuable soft skills at our new interactive skill hubs.

FRESHMEN & JUNIORS

NOVEMBER 6, 2017
10 A.M. - 2 P.M.
WENATCHEE VALLEY COLLEGE
1300 Fifth Street. Wenatchee, WA

#NCWCCEXPO

FOR MORE INFORMATION:
 Online: wenatcheelearns.com
 Phone: (509) 888.2828
 Email: haglund.d@wenatcheeschools.org

Presented by:

LIBRARY DATABASES VS. THE INTERNET

PAID FOR BY THE LIBRARY SO YOU HAVE **FREE** ACCESS TO SCHOLARLY INFORMATION



MANY RESOURCES ARE FREE, BUT OTHERS REQUIRE YOU PAY FOR THEM

ORGANIZED AND "KEYWORD" SEARCHABLE



INTERNET IS A VAST SEA OF INFORMATION WITH NO ORGANIZATION. THERE IS **NO** INDEX!

CONTENT IS EVALUATED FOR AUTHORITY AND ACCURACY



INFORMATION IS NOT EVALUATED FOR ACCURACY AND MAY BE INCORRECT, MISLEADING, OR BIASED

OFFERS OPTIONS TO LIMIT OR EXPAND YOUR SEARCH (BASIC AND ADVANCED SEARCH OPTIONS)



A SEARCH ENGINE (LIKE GOOGLE) CAN RETURN **MILLIONS** OF RESULTS WITH NO QUICK WAY TO NARROW THEM DOWN OR MAKE SURE THEY RELATE TO YOUR TOPIC

INFORMATION IS STABLE



WEBSITES COME AND GO!

Military Information Night For NCW High School Students and Parents

Discover what the Military and ROTC have to offer! Learn how much has changed in just the past decade straight from the source!



Get the latest about college ROTC from college officials! Get your questions answered about the Military and much more!



U.S. AIR FORCE

Wenatchee High School
New Commons Area
Monday, November 6th 2017
Starts at 5:30 PM



Come hear from every Military Branch, ROTC and Service Academy (West Point, Air Force, Naval, Coast Guard Academics), followed by informational booths for each Military Branch, ROTC schools and Service Academy.



WHS continues to work towards establishing a predictable, consistent, positive and safe environment for all. The Panther **P.R.I.D.E.** Program is beginning to hit its stride with the goal of not only striving to provide the best environment for our staff, students and community but that it also has a positive impact in the communities we live in and visit.

Panther P.R.I.D.E. Acknowledgement System

“Panther P.R.I.D.E.-O- Gram”

- A Panther Pride-O- Gram can be given from a staff member to a student or from a student to a staff member who demonstrates Panther P.R.I.D.E. Both staff and students turn the original copy into the main office to be entered into weekly and monthly drawings.

We want to thank the following Panther P.R.I.D.E. Partners for their donations in helping acknowledge both our staff and students who demonstrate **Panther P.R.I.D.E.** If you are interested in becoming a **Panther P.R.I.D.E. Partner** please contact Associate Principal Ricardo Iñiguez at 509.663.8117 extension #706.

• Abby's Pizza
• Red Robin
• Applebee's
• SUMO Japanese Steakhouse
• and Sushi
• AMP Massage
• Sun Basin Theaters
• Albertson's
• SWEETWOOD BBQ
• Domino's Pizza
• The Thai Restaurant
• Dutch Bros. Coffee
• The Wok-A- Bout Grill

Panther P.R.I.D.E.-O-Gram

TO: _____

FROM: _____

DATE: _____

Message: _____



Please select one of the following:

- ☐ **P**ositive - Positivo
☐ **R**espectful - Respetuoso
☐ **I**nclusive - Inclusivo
☐ **D**etermined - Determinado
☐ **E**ngaged - Comprometido

• El Agave Mexican Restaurant
• Visconti's Italian Restaurant
• Glaze Bakery
• V-Tech Nails
• Onyx Massage Therapy
• Wenatchee Learns Connect
• Papa Murphy's Pizza
• Wenatchee Valley Chamber of Commerce
• Pizza Hut



WHS: We Help Serve; A Purpose, Our Community, Our World

Wenatchee High School held its first Volunteer and School Club Fair in September welcoming 45 community businesses, nonprofits and WHS student clubs. The student body watched a short ASB produced video highlighting our clubs and local organizations seeking youth volunteers prior to being released to the lunchtime event. Students learned how they could connect with their school community through club participation and how their time and talents could help others in need in the Greater Wenatchee Valley community. Thank you to everyone who made this event a huge success!

WV Humane Society
Skills USA
Pybus Public Market
Speech and Debate Club
WV Museum and Cultural Center
Inspire Club
Youth United
RAK
Town Toyota Center
Student Ambassador Program
Miss East Cascades
Wenatchee Public Library
FFA
Alatheia Riding Center
WAHSET Equestrian Team
YMCA

Link Transit Ambassadors
Technology Students Association
Highgate Senior Living
German Club
Wenatchee Parks and Rec
Art Club
Earth Club
Tech Crew Auditorium
WDS After School Programs
MEChA
WaWa
American Sign Language
Wenatchee Valley Symphony
American Legion
Japanese Culture Club

Mini Makers Faire
YWCA
Chelan County PUD
Young Life
Confluence Health Volunteer Program
Blossom Valley Senior Living
FCCLA
Key Club
DECA
FBLA
People First
Math Club
Spanish Club
Interact Club
Wenatchee Learns



2017-18 WHS National Honor Society

The WHS Chapter of the National Honor Society is pleased to announce newly accepted members: Megan Creek, Marc Hernandez, Michael Wiest, Gwen McQuaig, Morgan Narby, Jillian Lenicka, Paola Silva, Gariela Garcia, and Connor Tilly. Honor Society members must maintain a 3.5 or better gpa for their entire schooling (including any Running Start courses) and accumulate many volunteer service hours. This year's officers are Sebastian Pasion, Hadassah Lurbur, Grant Grey Kolde, Sammy Arredondo, and Kjersten Langager. Congratulations New Members!



STAMP™ Language Proficiency Assessment

2017 - 2018 Testing Dates

Monday October 23rd	8:00 a.m. - LGI
Monday December 4th	8:00 a.m. - LGI
Monday February 5th	3:15 p.m. - LGI
Monday May 21st	8:00 a.m. - LGI **

Spanish, French & German available

*Preference given to seniors

The Seal of Biliteracy is an award given by a school, district, or state in recognition of students who have studied and attained proficiency in two or more languages by high school graduation.

The Seal of Biliteracy encourages students to pursue biliteracy, honors the skills our students attain, and can be evidence of skills that are attractive to future employers and college admissions offices.

**You must fill out a Request to Test from with Mrs.
Murie in the main office prior to paying**

Careers After School

The purpose of Careers After School is to connect students and their support network with our local business community. Through education, engagement, and exposure to multiple career options, students are better equipped to make deliberate decisions about their future career goals. Careers After School provides an opportunity for students to go behind the scenes at area businesses and explore careers through hands-on experiences.

2017-2018 Events

Wells Fargo - October 18. 6 -7:30 PM

Cascade Veterinary Clinic - January date TBD

Columbia Valley Community Health - March date TBD

Numerica Performing Arts Center - May date TBD

- **Students:**

We believe that there are multiple pathways to career achievement and it is necessary that students are provided a wide variety of career exploration opportunities.

- **Parents:**

It is crucial for parents to feel equipped in navigating their students' future. When provided education on post-secondary career options, parents can create a strong foundation of support for their student.

- **Business:**

Connecting students to our local business community initiates a mutually beneficial relationship that gives businesses the opportunity to actively engage with the workforce of tomorrow, laying the groundwork for future success.

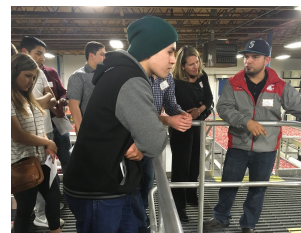
- **Teachers:**

Teachers have the opportunity to engage with the subjects they teach outside of the classroom, in different career environments. Teachers are encouraged to bring that knowledge and engagement back to their students.

- **Community:**

The interest of residents, business, government, educators, and the not-for-profit sector are inextricably bound together. All have a stake in our students' success


Visit wenatcheelearns.com for event information!



Senior Tuesday Nights in the WHS Library-Every Tuesday 6-8pm



Dates to remember!

Oct. 17	UW Visit: UW (Seattle) admissions counselor Jaime Soto will be here all day; in classrooms, right after school, and at Senior Tuesday Night/College Mentor Night.
Oct. 20	The Evergreen State College will be in the Career Center at 1:30pm. Come to the Career Center beforehand and pick up a Hall Pass to give to your teacher in order to leave class.
Oct. 24	CWU NIGHT. Central WA University Financial Aid Counselors will assist with FAFSA & Central applications. 
Nov. 7	PLU Night: Pacific Lutheran University will be here to help with admissions and financial aid questions. See you there!
Nov. 14	CCL: Job Shadow and Career Connected Learning opportunities College Focus: LLC International with John McQuaig
Nov. 21	Student Focus: Last names A-F (all students welcome of course!) College focus: WSU info and applications
Nov. 28	Student Focus: Last names G-N (all students welcome of course!) College focus: Western info and applications
Dec. 5	Student Focus: Last names O-Z (all students welcome of course!) College focus: Eastern info and applications
Dec. 6	CWU Admissions Day 8-11am Counselors on site to speak to students and admit on the spot. More info to come!
Dec. 12	App Zap²: Fill out college and scholarship applications.

Felix Guerra
guerra.f@wenatcheeschools.org

Diana Sanchez
sanchez.d@wenatcheeschools.org



Welcome to the WHS Job Shadow Program!

What is a Job Shadow?

Shadowing gives you the opportunity to spend a few hours during the school day to go behind-the-scenes and explore a career by observing and talking to a professional on the job.

Why is this important?

Are you *sure* you want to be an engineer? or a teacher? a welder? a cosmetologist? How do you know? College and training programs can be very expensive. If you know *from experience* which career path is right for you, you will save money by focusing on classes necessary to succeed in your career.

Who can participate?

Priority is given to Juniors and Seniors.

How do I set up a Job Shadow?

Visit the School-to-Work Center, room 359, and pick up a Job Shadow Application from Mrs. Anderson. Fill out the forms, have your parents read and sign their portions of the paperwork and return it to the School-to-Work Center.

Then what?

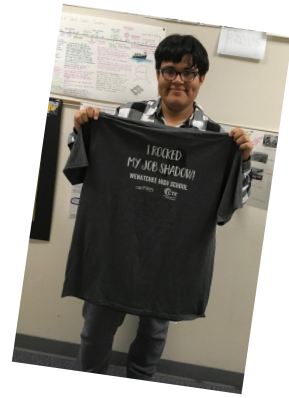
Once the application is completed and signed by all parties, you will be connected to a professional in your interest area and a date and time will be set for the Job Shadow. When you are on site with your job shadow host, *Relax, Have Fun, and Learn* as much as you can.

Spread the word!

Enjoyed your Job Shadow experience? Tell your friends and classmates. We want *every eligible student at WHS* to participate in at least one job shadow experience before they graduate.

Questions?

Contact the School-to-Work Center at the high school by telephoning 509-663-8117 ext 750 or emailing Kate Anderson at anderson.katie@wenatcheeschools.org.



Administrative and Counseling Assignments

WHS welcomes its students into an exciting, positive climate of learning. Our counselors and administrators are available to students and parents for any questions or challenges. If a student has any issue, they can contact an administrator or counselor listed below. We look forward to a great year of working with WHS students and parents!

Administrators:

Eric AndersonPrincipal
 Ricardo IníguezAssociate Principal
 Donna MoserAssistant Principal
 Jim BeesonAthletic Director
 Dennis Conger.....CTE Director
 BJ KuntzDean of Students.....A-L
 Jacob BucholzDean of Students.....M-Z

Counselors:

Stephanie StuberA-CI
 Will White Cm-Ha
 Tonya LuinstraHb-Me
 Doug TaylorMf-R
 Mary HowieS-Z

Migrant Graduation Specialists:

Lorena Pulido and David Vasquez

Family Advocate:

Wendy Endaya



DATE	Upcoming Panther Dates and Events	TIME	PLACE
10/31	End of First Quarter		
11/1	NO SCHOOL ---Parent Teacher Conferences Homework Center will be OPEN during Conferences!	1:30pm-8:00pm	
11/2	NO SCHOOL ---Parent Teacher Conferences Homework Center will be OPEN during Conferences!	11:00am-7:30pm	
11/2	Parent Night with Dr. Marcia Tate (bring notepad and pen)	6-8 pm	Auditorium
11/3	NO SCHOOL	7:30am-11:00	
11/7	MOSAIC Senor Tuesday Night's features Reading your SAR	6-8 pm	Library
11/9 & 10	The Little Mermaid	7:30 pm	Auditorium
11/11	The Little Mermaid	2 & 7:30 pm	Auditorium
11/10	NO SCHOOL ---Veteran's Day		
11/13	First day of Winter Sports		
11/16 & 17	The Little Mermaid	7:30 pm	Auditorium
11/18	The Little Mermaid	2 & 7:30 pm	Auditorium
11/22	Early Release -- THANKSGIVING		
11/23&24	NO SCHOOL --THANKSGIVING		
12/1	NO SCHOOL --DISTRICT DAY		
12/18-1/2	NO SCHOOL -- WINTER BREAK		
1/15	NO SCHOOL -- MARTIN LUTHER KING DAY		
1/19	NO SCHOOL --RECORDS DAY		



Wenatchee High School
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*The Panther Paws is published by the Wenatchee School District/
WHS located at: 1101 Millerdale Ave, Wenatchee, WA 98801*

*The WHS Panther Paw Newsletter has 5 publications throughout
the year: Aug/Sept, Nov, Feb, Apr, and June.*

OR CURRENT RESIDENT



NONDISCRIMINATION STATEMENT

FOR SCHOOL PUBLICATIONS AND PUBLIC ANNOUNCEMENTS

The Wenatchee School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to handle questions and complaints of alleged discrimination:

Lisa Turner, Executive Director of Human Resources

RCW Officer and ADA Coordinator

turner.l@wenatcheeschools.org

Mark Helm, Executive Director of Student Services

504 & Title IX Coordinator

helm.m@wenatcheeschools.org

Wenatchee School District No. 246

235 Sunset Avenue, Wenatchee, WA 98801

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